

Safety First...it's the right thing to do!



June, 2016

Insects and Scorpions

Summer is a time of active spiders, stinging insects, scorpions, and fire ants. We must be aware of the dangers associated with the wildlife on our sites. Our best defense is KNOWING and PREVENTION!

To prevent stings/bites:

- Avoid perfumed soaps, shampoos, and deodorants.
- Bathe daily. (Sweat may anger bees.)
- Wear clean long pants, socks, and long-sleeved shirts.
- Use insect repellents that contain DEET or Picaridin.
- Keep work areas clean. Social wasps thrive in places where humans discard food.
- Minimize the empty spaces between stacked materials.
- Remove debris and rubble around work areas.
- Remain calm and still if a single stinging insect is flying around.
- If you are attacked by several stinging insects at once, run to get away from them.
- A shaded area is better than an open area to get away from the insects.
- Do not disturb or stand on or near fire ant mounds; their bites are painful and cause blisters.

Remember, the company and your family are counting on you!

First Aid:

- Treat bites and stings with over-the-counter products that relieve pain and prevent infection.
- Make sure that they do not have an allergic reaction
- Severe reactions require immediate medical treatment
- Wash with soap and water
- Remove the stinger by scraping
- Apply ice to reduce swelling
- Benadryl has proven to be effective in treating allergic reactions to stings/bites

**See it,
own it!**

